

SURFIA'S

BOOTCAMP



Cost is \$10 per class or \$40 for unlimited monthly pass

Your 1st class visit is complimentary!
Come try it...what do you have to lose?

Doing the same old workout? Boredom is the number one reason people stop working out. Come experience a FUN and CREATIVE way to get your heart pumping! New and innovative equipment, clean fresh air and a challenge... for your inner athlete.

Location:
Swinson Park
4319 Country Club Rd. Morehead City

Days:
Tuesdays & Thursdays 8:30am & 5pm

For More Information:
Call Surf @ 252.732.4263
Or visit www.fitnesstrainingbysurf.com
Surfia is an ACE Certified Personal Trainer.

